



October 2021



SR MIDDLE SCHOOL BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 * HEARVET BREAK (NO SCHOOL)
4 * SCHOOL BACK IN SESSION STRAWBERRY POPTART YOPLAIT YOGURT CUPS FRUIT COCKTAIL	5 SMOOTHIE, LEMONAID CHOCOLATE MUFFIN PEARS	6 COLD CEREAL APPLESAUCE CHEESE STICK FRUIT JUICE	7 BREAKFAST PIZZA PEACHES FRUIT JUICE	8 * NO SCHOO FRIDAY
11 STRAWBERRY POPTART YOPLAIT YOGURT CUPS FRUIT COCKTAIL	12 SMOOTHIE, LEMONAID CHOCOLATE MUFFIN PEARS	13 COLD CEREAL APPLESAUCE CHEESE STICK FRUIT JUICE	14 BREAKFAST PIZZA PEACHES FRUIT JUICE	15 * NO SCHOO FRIDAY
18 SCOOPY DOO GRAHAMS YOPLAIT YOGURT CUPS APPLE FRUIT JUICE	19 SOFT CEREAL BAR FRUIT COCKTAIL FRESH FRUIT, ASSORT	20 COLD CEREAL APPLESAUCE CHEESE STICK FRUIT JUICE	21 MAPLE BITES PEARS FRUIT JUICE	22 * NO SCHOO FRIDAY
25 SCOOPY DOO GRAHAMS YOPLAIT YOGURT CUPS APPLE FRUIT JUICE	26 SOFT CEREAL BAR FRUIT COCKTAIL FRESH FRUIT, ASSORT	27 COLD CEREAL APPLESAUCE CHEESE STICK FRUIT JUICE	28 MAPLE BITES PEARS FRUIT JUICE	29 * NO SCHOO FRIDAY

School News

IMPORTANT UPDATED
Food shortages are nationwide, and our district is also experiencing unavailable items or last-minute replacements. Menus are subject to change. You can call your student's school for menu changes. We appreciate your patience and understanding! We look forward to serving all of our students free breakfast and lunch this school year.

Milk is offered with every meal. Milk for home meals can be purchased @ \$.40 per chug.

Meal Price:
Adult: \$2.70
Ala Cart Milk: \$.40

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

Non-discrimination Statement: This institution is an equal opportunity provider. Menus are subject to change due to product availability.

Serving Date	Recipe	Allergens
10/04/2021	R-0306 - MILK, VARIETY	Milk
	R-0630 - YOGURG, STRAW/BANA OR STRAW PC	Milk
	R-0715 - TOASTER PASTRY, STRAWBERRY, WG	Wheat, Soybeans
10/05/2021	R-0269 - MUFFIN, WG CHOCOLATE CHIP MINI	Milk, Eggs, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk
	R-0910 - SMOOTHIE, BLENDERLESS, PINK LEMONAID	Milk
10/06/2021	R-0247 - CHEESE STICK	Milk
	R-0306 - MILK, VARIETY	Milk
	R-0712 - CEREAL, COLD, VARIETY	Peanuts, Wheat, Soybeans, ALMONDS
10/07/2021	R-0224 - BREAKFAST PIZZA	Milk, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk
10/11/2021	R-0306 - MILK, VARIETY	Milk
	R-0630 - YOGURG, STRAW/BANA OR STRAW PC	Milk
	R-0715 - TOASTER PASTRY, STRAWBERRY, WG	Wheat, Soybeans
10/12/2021	R-0269 - MUFFIN, WG CHOCOLATE CHIP MINI	Milk, Eggs, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk
	R-0910 - SMOOTHIE, BLENDERLESS, PINK LEMONAID	Milk
10/13/2021	R-0247 - CHEESE STICK	Milk
	R-0306 - MILK, VARIETY	Milk
	R-0712 - CEREAL, COLD, VARIETY	Peanuts, Wheat, Soybeans, ALMONDS
10/14/2021	R-0224 - BREAKFAST PIZZA	Milk, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk
10/18/2021	R-0306 - MILK, VARIETY	Milk
	R-0630 - YOGURG, STRAW/BANA OR STRAW PC	Milk
	R-0983 - CRAKERS, GRAHAM CINN STICK SCOOPY	Wheat, Soybeans
10/19/2021	R-0306 - MILK, VARIETY	Milk
	R-0830 - CEREAL, SOFT FILLED BAR, COCOA PUFFS/CIN CRUN	Milk, Wheat
10/20/2021	R-0247 - CHEESE STICK	Milk
	R-0306 - MILK, VARIETY	Milk
	R-0712 - CEREAL, COLD, VARIETY	Peanuts, Wheat, Soybeans, ALMONDS
10/21/2021	R-0236 - BREAKFAST, MAPLE BITES	Milk, Wheat
	R-0306 - MILK, VARIETY	Milk
10/25/2021	R-0306 - MILK, VARIETY	Milk
	R-0630 - YOGURG, STRAW/BANA OR STRAW PC	Milk
	R-0983 - CRAKERS, GRAHAM CINN STICK SCOOPY	Wheat, Soybeans
10/26/2021	R-0306 - MILK, VARIETY	Milk
	R-0830 - CEREAL, SOFT FILLED BAR, COCOA PUFFS/CIN CRUN	Milk, Wheat
10/27/2021	R-0247 - CHEESE STICK	Milk

10/27/2021

R-0306 - MILK, VARIETY

Milk

R-0712 - CEREAL, COLD, VARIETY

Peanuts, Wheat, Soybeans, ALMONDS

10/28/2021

R-0236 - BREAKFAST, MAPLE BITES

Milk, Wheat

R-0306 - MILK, VARIETY

Milk