



October 2021

MIDDLE SCHOOL LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 * HEARVET BREAK (NO SCHOOL)
4 * SCHOOL BACK IN SESSION CHICKEN DRUMSTICKS MASHED POTATOES CHICKEN GRAVY HOMEMADE ROLL STEAMED BROCCOLI FRUIT COCKTAIL	5 BEEF SOFT TACO REFRIED BEANS STEAMED CORN FRUIT COCKTAIL	6 CHICKEN SANDWICH STEAMED CARROTS COIN MIXED VEGETABLES PEARS	7 HAMBURGER GRAVY MASHED POTATOES HOMEMADE ROLLS CALIFORNIA VEGETABLE PEACHES	8 * NO SCHOO FRIDAY
11 HAMBURGER ON A BUN WEDGE FRIES FRESH STEAM BROCCOLI APPLESAUCE	12 PIZZA RIPPERS PEP MARINARA SAUCE ROMAINE SALAD RANCH DRESSING PINEAPPLE	13 CHICKEN NACHOS PEARS CHOCOLATE COOKIE(TST	14 BEEF & MAC MEAL HERB ROLLS GREEN BEANS SIDEKICK FROZEN ICEE	15 * NO SCHOO FRIDAY
18 CHICKEN NUGGETS CHEESE SAUCE CORN CHIPS BAKED BEANS FRUIT COCKTAIL	19 CHICKEN TACO STEAMED CORN PEACHES	20 WALKING TACO ROMAINE SALAD STEAMED CORN FRUIT COCKTAIL	21 DELI SANDWICH STEAMED BROCCOLI MANDERIN ORANGE	22 * NO SCHOO FRIDAY
25 RIB A QUE SANDWICH STEAMED BROCCOLI PEARS	26 HOTDOG ON A BUN VEGGIE CUPS CUCUMBER COINS PEACHES	27 ASIAN CHICKEN STEAMED RICE CALIFORNIA VEGETABLE PINEAPPLE	28 CHILI CHEDDER CHEESE STEAMED CORN APPLESAUCE CINNAMON KNOTS	29 * NO SCHOO FRIDAY

School News

IMPORTANT UPDATED
Food shortages are nationwide, and our district is also experiencing unavailable items or last-minute replacements. Menus are subject to change. You can call your student's school for menu changes. We appreciate your patience and understanding! We look forward to serving all of our students free breakfast and lunch this school year.

Milk is offered with every meal. Milk for home meals can be purchased @ \$.40 per chug.

Meal Price:
Adult: \$4.35
Ala Cart Milk: \$.40

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

Serving Date	Recipe	Allergens
10/04/2021	R-0291 - POTATO, REAL MASHED, IDAHOAN .5cup R-0306 - MILK, VARIETY R-0342 - GRAVY, CHICKEN, ROASTED, MIX R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk (MAY CONTAIN), Soybeans (MAY CONTAIN) Milk Milk, Eggs, Wheat, Soybeans Milk, Wheat
10/05/2021	R-0306 - MILK, VARIETY R-0544 - TACO, BEEF, SOFT 8"	Milk Milk, Wheat
10/06/2021	R-0306 - MILK, VARIETY R-0517 - SANDWICH, CHICKEN PATTIE	Milk Milk, Eggs, Wheat, Soybeans
10/07/2021	R-0291 - POTATO, REAL MASHED, IDAHOAN .5cup R-0294 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 2oz R-0306 - MILK, VARIETY R-0623 - GRAVY, BEEF, W/MIX K-6	Milk (MAY CONTAIN), Soybeans (MAY CONTAIN) Milk, Wheat Milk Milk, Wheat, Soybeans
10/11/2021	R-0289 - POTATO WEDGE FRIES .5CUP R-0306 - MILK, VARIETY R-0408 - BEEF PATTIE W/ HOMEMADE BUN	CORN SYRUP Milk Milk, Wheat, CORN SYRUP
10/12/2021	R-0226 - PIZZA RIPPERS, PEPPERONI R-0306 - MILK, VARIETY R-0772 - DRESSING, RANCH HOMEMADE 1oz	Milk, Wheat, Soybeans Milk Milk, Eggs
10/13/2021	R-0306 - MILK, VARIETY R-0763 - COOKIES, CHOCOLATE-CHOCOLATE CHIP(AMY TST) R-0996 - NACHOS WITH DICED CHICKEN USDA K-8	Milk Milk, Wheat, Soybeans Milk
10/14/2021	R-0306 - MILK, VARIETY R-0401 - BEEF W/ MACARONI (MEX) R-0948 - BUN/ROLL WW 1.5oz HERB	Milk Wheat, Soybeans Milk, Wheat
10/18/2021	R-0213 - CHICKEN NUGGET FRITTERS R-0286 - SAUCE, NACHO/CHEESE MIXED R-0306 - MILK, VARIETY	Wheat, Soybeans Milk, Eggs, Wheat, Soybeans Milk
10/19/2021	R-0306 - MILK, VARIETY R-0562 - TACO, CHICKEN, SOFT WG 8"	Milk Milk, Wheat
10/20/2021	R-0306 - MILK, VARIETY R-0886 - WALKING TACOS W/DORITOS k-8	Milk Milk
10/21/2021	R-0306 - MILK, VARIETY R-0690 - DELI SANDWICH W/HOMEMADE BUN K-6	Milk Milk, Eggs, Wheat
10/25/2021	R-0306 - MILK, VARIETY R-0369 - PORK, PATTIE, RIB A QUE ON BUN	Milk Milk, Wheat, Soybeans
10/26/2021	R-0306 - MILK, VARIETY R-0551 - VEGETABLE CUPS, CARROTS, CELERY, RANCH R-0636 - FRANK, TURKEY ON A BUN-K-8	Milk Milk, Eggs Milk, Wheat, CORN SYRUP

10/27/2021

R-0306 - MILK, VARIETY

Milk

R-0872 - CHICKEN POPCORN WG W/ASIAN SAUCE

Wheat, Soybeans

10/28/2021

R-0306 - MILK, VARIETY

Milk

R-0375 - CHILI W/PINTO BEANS ELEM K-6

Soybeans

R-0378 - ROLLS, CINNAMON KNOTS, 1.5oz

Milk (MAY CONTAIN), Wheat, Soybeans (MAY CONTAIN)

R-0856 - CHEESE, CHEDDER, SHERDDED, 1/2oz BULK

Milk