



January 2022

MIDDLE SCHOOL LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 * SCHOOL BACK IN SESSION CHICKEN NUGGETS CHEESE SAUCE CORN CHIPS GREEN BEANS BAKED BEANS FRUIT COCKTAIL	4 LASAGNA DINNER HOMEMADE ROLL STEAMED PEAS MANDERIN ORANGE	5 PIZZA RIPPERS PEP MARINARA SAUCE SIDE SALAD PINEAPPLE	6 SEASONED CHICKEN CREAMY ALFREDO SAUCE HOMEMADE ROLL STEAMED BROCCOLI PEACHES	7 * NO SCHOOL FRIDAY
10 CHICKEN BREAST FILET HOMEMADE ROLL ROASTED POTATOES CHICKEN GRAVY STEAMED BROCCOLI PEARS	11 CHICKEN TACO REFRIED BEANS STEAMED CORN PEACHES	12 SLICED TURKEY SLICE HAM GOLDFISH CRACKERS BABY CARROTS CELERY STICKS RANCH CUPS BANANA, FRESH	13 MASHED POTATOES HOMEMADE ROLL CALIFORNIA VEGETABLE PEACHES	14 * NO SCHOOL FRIDAY
17 HOMEMADE BURRITO SOUP CREAM STEAMED CORN FRUIT COCKTAIL JELLO CUPS	18 PIZZA RIPPERS PEP MARINARA SAUCE STEAMED BROCCOLI FRUIT COCKTAIL	19 WALKING TACO ROMAINE SALAD STEAMED CORN FRUIT COCKTAIL	20 CHICKEN SOUP BREAD STICK STEAMED CARROTS PEARS	21 * NO SCHOOL FRIDAY
24 CHICKEN NUGGETS CHEESE SAUCE CORN CHIPS GREEN BEANS BAKED BEANS FRUIT COCKTAIL	25 ITALIAN SPAGHETTI HOMEMADE ROLL BABY CARROTS FRESH STEAM BROCCOLI PEACHES	26 ASIAN CHICKEN STEAMED RICE STEAMED PEAS PINEAPPLE	27 TACO SOUP CHEDDAR CHEESE CORN CHIPS PEACHES SIDEKICK FROZEN ICEE	28 * NO SCHOOL FRIDAY
31 HOTDOG ON A BUN VEGGIE CUPS CUCUMBER COINS PEACHES				

School News

IMPORTANT UPDATED
Food shortages are nationwide, and our district is also experiencing unavailable items or last-minute replacements. Menus are subject to change. You can call your student's school for menu changes. We appreciate your patience and understanding! We look forward to serving all of our students free breakfast and lunch this school year.

Milk is offered with every meal. Milk for home meals can be purchased @ \$.40 per chug.

Meal Price:
Adult: \$4.35
Ala Cart Milk: \$.40

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

Non-discrimination Statement: This institution is an equal opportunity provider. Menus are subject to change due to product availability.

Serving Date	Recipe	Allergens
01/03/2022	R-0213 - CHICKEN NUGGET FRITTERS	Wheat, Soybeans
	R-0286 - SAUCE, NACHO/CHEESE MIXED	Milk, Eggs, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk
01/04/2022	R-0207 - LASAGNA DINNNER MIX	Milk, Wheat
	R-0306 - MILK, VARIETY	Milk
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
01/05/2022	R-0226 - PIZZA RIPPERS, PEPPERONI	Milk, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk
	R-0967 - SALAD, WITH RANCH CUP	Milk, Eggs
01/06/2022	R-0306 - MILK, VARIETY	Milk
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
	R-0898 - SAUCE, ALFREDO, FOOTHILL FARMS INSTANT MIX	Milk, Soybeans
	R-0995 - PASTA, SPAGHETTI, PLAIN WGR	Wheat
01/10/2022	R-0306 - MILK, VARIETY	Milk
	R-0342 - GRAVY, CHICKEN, ROASTED, MIX	Milk, Eggs, Wheat, Soybeans
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
	R-0590 - CHICKEN, BREAST FILET W/RIB MEAT	Wheat, Soybeans
01/11/2022	R-0306 - MILK, VARIETY	Milk
	R-0562 - TACO, CHICKEN, SOFT WG 8"	Milk, Wheat
01/12/2022	R-0306 - MILK, VARIETY	Milk
	R-0403 - CRACKER, GOLDFISH, PC .75oz	Milk, Wheat, Soybeans
	R-0920 - DRESSING RANCH 1oz pc	Milk, Eggs
01/13/2022	R-0291 - POTATO, REAL MASHED, IDAHOAN .5cup	Milk (MAY CONTAIN), Soybeans (MAY CONTAIN)
	R-0306 - MILK, VARIETY	Milk
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
01/17/2022	R-0306 - MILK, VARIETY	Milk
	R-0578 - DARIY, SOUR CREAM, MEADOW GOLD 1TBSP	Milk
	R-0746 - BURRITO, BEAN & CHEESE HOMEMADE	Milk, Wheat
01/18/2022	R-0226 - PIZZA RIPPERS, PEPPERONI	Milk, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk
01/19/2022	R-0306 - MILK, VARIETY	Milk
	R-0886 - WALKING TACOS W/DORITOS k-8	Milk
01/20/2022	R-0306 - MILK, VARIETY	Milk
	R-0361 - CHICKEN, SOUP, HOMEMADE	Wheat
	R-0742 - BREAD STICK, HOMEMADE WW 2oz	Milk, Wheat
01/24/2022	R-0213 - CHICKEN NUGGET FRITTERS	Wheat, Soybeans
	R-0286 - SAUCE, NACHO/CHEESE MIXED	Milk, Eggs, Wheat, Soybeans
	R-0306 - MILK, VARIETY	Milk

01/25/2022	R-0306 - MILK, VARIETY	Milk
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
	R-0633 - SPAGHETTI, MEAT W/ITALIAN SPICES	Wheat
01/26/2022	R-0306 - MILK, VARIETY	Milk
	R-0872 - CHICKEN POPCORN WG W/ASIAN SAUCE	Wheat, Soybeans
01/27/2022	R-0306 - MILK, VARIETY	Milk
	R-0789 - SOUP, TACO, HOMEMADE	Milk
	R-0856 - CHEESE, CHEDDER, SHERDDED, 1/2oz BULK	Milk
01/31/2022	R-0306 - MILK, VARIETY	Milk
	R-0551 - VEGETABLE CUPS, CARROTS, CELERY, RANCH	Milk, Eggs
	R-0636 - FRANK, TURKEY ON A BUN-K-8	Milk, Wheat, CORN SYRUP