

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation
 School Name Most recent review by Wellness Committee
 Click All Grades PK K 1 2 3 4 5 6 7 8 9 10 11 12

Yes No I. Public Involvement

We invite the following to participate in the development, implementation, & evaluation of our wellness policy:
 Administrators School Food Service Staff P.E. Teachers Parents
 School Board Members School Health Professionals Students Public

We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Title

We make our wellness policy and updates available to the public annually.
 Please describe:

We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe:

Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.
 We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).
 We offer nutrition education to students in: Elementary School Middle School High School

Yes No III. Nutrition Promotion

The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.
 We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
 We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.
 We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
 We ensure students have access to hand-washing facilities prior to meals.
 We annually evaluate how to market and promote our school meal program(s).
 We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.
 We offer taste testing or menu planning opportunities to our students.
 We participate in Farm to School activities and/or have a school garden.
 We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).
 We price nutritious foods and beverages lower than less nutritious foods and beverages.
 We offer fruit and/or vegetables in: Vending Machines School Stores Snack Bars À La Carte
 We utilize student feedback to improve the quality of the school meal programs.
 We provide teachers with samples of non-food reward options.
 We prohibit the use of food and beverages as a reward.
 We do not sell less healthy foods and beverages. **Do not sell food items**





Yes No We provide training to staff on the importance of modeling healthy eating behaviors.

IV. Nutrition Guidelines

Yes No *The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.*

Yes No *We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.*

Yes No *We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.*

Yes No We run the School Breakfast program: Before School In the Classroom Grab & Go Second Chance

Yes No Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).

Yes No We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:
 as À La Carte Offerings in School Stores in Vending Machines as Fundraisers (not exemptions) No food sold

V. Policy for Food and Beverage Marketing

Yes No *The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.*

Yes No Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:
 Signage Scoreboards School Stores Cups Vending Machines Food Service Equip. - No marketing

VI. Physical Activity

Yes No *The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.*

Yes No We provide physical education for elementary students on a weekly basis. # of Min/Wk.

Yes No We provide physical education for middle school students during a term or semester. # of Min/Wk.

Yes No We require physical education classes for graduation (high schools only). # Credits to graduate

Yes No We provide recess for elementary students on a daily basis. # of Min/day

Yes No We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP).

Yes No We prohibit staff and teachers from keeping kids in from recess for punitive reasons.

Yes No Teachers are allowed to offer physical activity as a reward for students.

Yes No We offer physical activity before/after school. Competitive sports Non-competitive sports Other clubs

VII. Other School Based Wellness Activity

Yes No *The wellness policy includes specific/ measurable goals for other school-based wellness activities.*

Yes No We provide annual training to all staff on: Nutrition Physical Activity

Yes No We have a staff wellness program.

Yes No We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

Yes No We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).

Yes No We have a recycling / environmental stewardship program.

Yes No We have a recognition / reward program for students who exhibit healthy behaviors.

Yes No We provide case management for students with chronic health conditions.

Yes No We have community partnerships which support programs, projects, events, or activities.

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name Julie Reynolds Position/Title Principal

Idaho Wellness Policy Progress Report

Email Phone number

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 We do not sell less healthy foods and beverages.





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Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:
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we don't sell food items

Yes No V. Policy for Food and Beverage Marketing

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We provide physical education for elementary students on a weekly basis. # of Min/Wk.

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Yes No VII. Other School Based Wellness Activity

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We have a recycling / environmental stewardship program.

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We provide case management for students with chronic health conditions.

We have community partnerships which support programs, projects, events, or activities.

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Idaho Wellness Policy Progress Report

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Phone number

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We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

We offer taste testing or menu planning opportunities to our students.

We participate in Farm to School activities and/or have a school garden.

We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

We price nutritious foods and beverages lower than less nutritious foods and beverages.

We offer fruit and/or vegetables in: Vending Machines School Stores Snack Bars À La Carte

We utilize student feedback to improve the quality of the school meal programs.

We provide teachers with samples of non-food reward options.

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IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name Position/Title

Idaho Wellness Policy Progress Report

Email

[Handwritten signature]

Phone number

208 684-4451

doug@idstate.gov

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Yes No II. Nutrition Education

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We annually evaluate how to market and promote our school meal program(s).

We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

We offer taste testing or menu planning opportunities to our students.

We participate in Farm to School activities and/or have a school garden.

We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

We price nutritious foods and beverages lower than less nutritious foods and beverages.

We offer fruit and/or vegetables in: Vending Machines School Stores Snack Bars À La Carte

We utilize student feedback to improve the quality of the school meal programs.

We provide teachers with samples of non-food reward options.

We prohibit the use of food and beverages as a reward.

We do not sell less healthy foods and beverages.





Yes No We provide training to staff on the importance of modeling healthy eating behaviors.

IV. Nutrition Guidelines

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V. Policy for Food and Beverage Marketing

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 Yes No We provide physical education for middle school students during a term or semester. # of Min/Wk.
 Yes No We require physical education classes for graduation (high schools only). # Credits to graduate
 Yes No We provide recess for elementary students on a daily basis. # of Min/day
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 Yes No We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
 Yes No Teachers are allowed to offer physical activity as a reward for students.
 Yes No We offer physical activity before/after school. Competitive sports Non-competitive sports Other clubs

VII. Other School Based Wellness Activity

Yes No *The wellness policy includes specific/ measurable goals for other school-based wellness activities.*
 Yes No We provide annual training to all staff on: Nutrition Physical Activity
 Yes No We have a staff wellness program.
 Yes No We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).
 Yes No We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).
 Yes No We have a recycling / environmental stewardship program.
 Yes No We have a recognition / reward program for students who exhibit healthy behaviors.
 Yes No We provide case management for students with chronic health conditions.
 Yes No We have community partnerships which support programs, projects, events, or activities.

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

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For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:
 Name Dean Bonney Position/Title Principal

Idaho Wellness Policy Progress Report

Email

Phone number

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We annually evaluate how to market and promote our school meal program(s).

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We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

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- We provide case management for students with chronic health conditions.
- We have community partnerships which support programs, projects, events, or activities.

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name Position/Title

Idaho Wellness Policy Progress Report

Email

Phone number